

Preschool Post

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April
Lesson 1
Tiny Seed

Underlined Items may be printed Free from Preschool Post
There are more Optional Activities online as well.

Morning Circle

Show the letter "T" to the children. Say the "T" sound together. Ask the children for examples of "T" words. Repeat these together. Explain that there are some "T" words that describe how big an object is. Say the word "tiny." Ask the children to come up with some words for small things. Say the word "tall." Ask them to think of some tall things. Tell the children that today's lesson is about some very "tiny" things that can grow to become "tall." See if the children can name a few things that start out tiny and then grow tall (trees, flowers, people....)

Read, The Tiny Seed, by Eric Carle.

Music & Movement:

Act out the following song while you sing:

"This is the Way We Plant Our Seeds"

(Tune: "Here We Go Round the Mulberry Bush" ...original author unknown.)

Snack Time: Provide a variety of edible seeds for the children to sample. Try shelled and unshelled sunflowers seeds, pumpkin seeds, sesame seeds, flax seeds, poppy seeds, etc. Make sure there are no seed allergies first!!

Art Activity

Sunflowers

Make sunflowers from paper plates and sunflower seeds. Let the children glue lots of the seeds (the type with the shell intact) in the center of their plates. Then provide bits of crumpled-up yellow tissue paper for the petals, and let the children glue these around the outside of the glued-on seeds. Hang from the ceiling for a very cheery atmosphere!

Additional Activities

Take the children to a Botanic Garden or a flower farm. Design and plant a flower or herb garden in front of the school.

[more printable activities online](#)

Center Activities

1. Plant seeds. Use biodegradable peat pots and give help each child fill with soil and plant sunflower seeds. These are easy to grow and demonstrate tiny to tall very effectively. Keep the peat pots in a sunny warm spot in the classroom, and help the children care for them properly until they are strong enough to take home.
2. Nature table. Provide magnifiers and bright lights and let the children examine and explore a variety of seeds and flowers. How are they different? The same? How do they smell? Do all flowers smell good?
3. Sorting center. Pour lots of different types of dried beans, seeds, and if no allergic individuals are present, nuts. Offer several containers into which the children can sort the seeds by color, size, texture, etc. Place spoons, cups, and other pouring devices on the table. Encourage counting and thinking about how to best classify the seeds.

Bible Story †

Explain that Jesus encouraged his followers to have faith. Take a moment and discuss what "faith" means. This is an abstract concept that may be difficult for preschoolers to comprehend. Try explaining it by describing what it means to believe that something will happen. Believing is similar to faith.

Read The Carrot Seed, by Ruth Krauss. This classic story will help you illustrate what it means to plant a "seed of faith" and see it produce a wonderful, and expected, result.

Bible Verse Bracelets:

Luke 17:6 "The Lord said, 'If your faith were the size of a mustard seed, you could say to this mulberry tree, 'Dig yourself up and plant yourself in the sea,' and it would obey you.'" (New Century Version)

If you have any mustard seeds, show the children how small they are. You could also show them carrot seeds, which are also very small. Explain that Jesus was talking about faith this tiny being very powerful. Imagine having even more faith than that!

Song: "Luke, Chapter 9, Verse 23" (or, "Follow Follow Follow Follow Follow Follow Follow Me!")
by Colin Buchanan from his "Practise Being Godly" enhanced CD.